

Cocopah Times Newsletter

COCOPAH INDIAN TRIBE

AUGUST 2015 ISSUE

Tribal Phone Directory

ADAPP	627- 2161
Children's Home	627- 1298
Cocopah Casino	726- 8066
Cocopah Korner	341-1444
Cocopah Resort	722-6677
Cocopah Speedway	344-1563
Cocopah Wellness	627-2681
Community Center	627- 5658
Cultural Resources	627- 4849
CVT	627-8026
Daycare	627- 3729
Education	627- 4973
Elderly Program	627- 4166
EPO Director ext.13	627- 2025
EPO Tech ext15/16	627- 2025
Head Start	627-3197
Housing	627-8863
IHS 1(800) 862-	4911
Judicial	627- 2550
Museum	627- 1992
Manpower	627-0616
Pesticide ext. 14	627- 2025
PHEP/CTERC ext.12	627-2025
Prosecutor ext. 17	627- 2025
Assistant ext. 18	627- 2025
Public Works	627-0616
Purchasing ext.11	627- 2025
Assistant ext. 10	627- 2025
Resort Gift Shop	217-1068
Rio Colorado Golf	627-0057
RV Park	343- 9300
Social Services	627- 3729
Title VI/XX	627- 1148
Tribal Gaming	217- 7718
Tribal Headquarters	627-2102
Tribal Police	627- 8857
Wild River	627-0980

Congratulations and Thank You to our Cocopah Summer Youth Interns



Daniela Thomas Public Relations Intern

Age: 17

School: Kofa High School

Future Plans: Study to become a doctor.

I hope this internship helps me with my communication skills and learn more about my culture.



Dominic Dugan Housing Dept. Intern Age: 15 School: Sherman High School Future Plans: Go to culinary school. I hope to learn to communicate more and how to do paperwork.



Jessica Serrano J.O.M Program Intern Age: 15 School: Kofa High School

Future Plans: Become a nurse.

I hope this internship helps me with my communication skills and learn more about my tribe.



Elizabeth Twist J.O.M Program Intern Age: 16 School: Kofa High School Future Plans: Work with animals.

I hope to learn how to get closer to my community.



Ernesto Encinia Police Dept. Intern

Age: 17 **School**: Kofa High School

Future Plans: A Forensic Investigator.

I hope to learn how to be successful and do my best.



Naja Marie Washington Housing Dept. Intern Age: 17 School: Kofa High School Future Plans: Physical therapist. I hope to learn how to

work in an office.

ANNOUNCEMENTS

Cocopah Cultural Celebration

You're invited to the... 19th Annual Cocopah Cultural Celebration Day Saturday, October 10th, 2015 11:00am — 4:00pm

> West Cocopah Reservation 14533 S. Veterans Drive Somerton, Arizona 85350 (928) 627-1992 museum@cocopah.com

Free Feast and Raffles Free Soft Drinks, Hot Dogs, Sno-Cones, Popcorn, Face Painting, Balloons Arts & Crafts Booths Food Vendors and Information Booths Kid's Area Cultural Performances Bird Singing & Dancing Museum Exhibit New Gift Shop Items



Free Arts & Crafts, Informational and Food Booths available. Please contact: Deanna Thomas at (928) 627-1992 or thomasd@cocopah.com. Note: Booths are on a first come, first serve basis with limited canopies, tables and chairs available.

To volunteer, please contact: Serena Thomas (928) 627-1992 or thomass@cocopah.com



ANNOUNCEMENTS

It's that time again for those 3 little words that bring joy to parents and make children groan....BACK TO SCHOOL!

Fort Yuma is having its annual Back to School 'Physicals and Immunizations' update day.

Monday August 3rd and Thursday, August 6th: 8:00am-9:45am

- No appointment necessary -Walk-ins accepted
- Catch up on vaccines- Physicals for school, pre-school, and daycare
 - All school ages!

Don't forget to bring in your shot records ~ Please bring your school forms for physicals



The Cocopah Museum Gift Shop will be taking vendors throughout the month of August.

If you are interested in selling to the Museum, please contact the Gift Shop to set up an appointment.

Phone: (928) 722-7513 museumgiftshop@cocopah.com

Choose to Live Healthy

The Regional Center for Border Health is helping Somerton and Cocopah communities make healthy choices by bringing fresh fruit and vegetables to the neighborhood. The RCBH Farmer's Market on Wheels operates Monday to Friday and stops at different points around the city. Fresh produce such as peppers, spinach, onions, lemons, strawberries, peaches and much more are available at a reduced price.



The Farmer's Market on Wheels will be stopping by the Cocopah Reservation on Wednesdays at:

- 10:45am Cocopah Indian Tribe Wellness Center
- 11:15am Cocopah Indian Tribe Community Center

The Farmer's Market on Wheels will be open at each location for half an hour.

COCOPAH ENVIRONMENTAL PROTECTION OFFICE

Air Climate Change Air Pollution: Smog, Smoke and Pollen

Rising temperatures can make smog pollution worse and increase the number of "bad air days" when it's hard to breathe. This puts many of us at risk for irritated eyes, noses, and lungs—but it is particularly dangerous for people with respiratory diseases like asthma. As the climate changes, unhealthy air pollution will get worse. Here's how:

Ozone smog forms when pollution from vehicles, factories, and other sources react with sunlight and heat. Increasing temperatures speed this process and result in more smog. Added to the mix are ragweed and other allergens in the air—which are expected to worse as rising carbon dioxide levels cause plants to produce more pollen. Also, as dry areas get dryer, wildfire risks go up and smoke from burning landscapes and farming lands intensifies poor air quality.

Exposure to increased smog, pollen pollution, and wildfire smoke puts a wide range of people at risk for irritated eyes, throats, and lung damage (the U.S. EPA likened breathing ozone to getting a sunburn on your lungs). This includes outdoor workers, children, the elderly, and those who exercise outside.

But people with asthma, allergies, and other respiratory diseases face the most serious threats since exposure to increased pollution heightens sensitivity to allergens, impairs lungs, triggers asthma attacks, sends people to the hospital, and can even result in death.

Protect your family from air pollution:

- Check news reports on the radio, TV, or online for pollen reports and daily air quality conditions.
- If you or someone in your family has allergies or asthma, on days when pollen or ozone smog levels are high, minimize outdoor activity and keep your windows closed.
- Shower after spending time outdoors to wash off pollen that may have collected on your skin or hair.
- Wash bedding and vacuum frequently to remove pollen that may settle in sheets and carpets.

Communities must take steps to improve air quality. Everyone should know the risks that climate change poses and learn how to best protect themselves when bad air days get worse.

COCOPAH ELDERS CULTURAL MEETING



ECC Meeting will be on August 13th at 10:00am

Open to all Cocopah Elders and Seniors 55+

Please be advised, this will serve as your notice for the meeting.

Any questions please call:

(928) 627-1992

COCOPAH VOCATIONAL TRAINING CENTER

		August 20	15 Training fo	or Success		•
SUN	MON	TUES	WED	THURS	FRI	SAT
2	3	4	5	6	7	8
	B.I.A.,	B.I.A.,	B.I.A.,	B.I.A.,	B.I.A.,	
	N.E.W. & W.I.A. Intakes by Appointment					
9	10	11	12	13	14	15
	B.I.A.,	B.I.A.,	B.I.A.,	B.I.A.,	B.I.A.,	
	N.E.W. & W.I.A. Intakes by Appointment					
16	17	18	19	20	21	22
	B.I.A.,	B.I.A.,	B.I.A.,	B.I.A.,	B.I.A.,	
	N.E.W. & W.I.A. Intakes by Appointment					
23	24	25	26	27	28	29
	B.I.A.,	B.I.A.,	B.I.A.,	B.I.A.,	B.I.A.,	
	N.E.W. & W.I.A. Intakes by Appointment					
30	31			14515 S. Veterans Drive		
	B.I.A.,			Phone: 928-627-8026		
	N.E.W. & W.I.A.			Fax: 928-627-2510		
	Intakes by Appointment			cococvt@cocopa	ah.com	1

ELDERS LUNCH MENU AUGUST 2015

	Nutrition Program Lunches Provided Monday—Friday						
	Faye Ortega, Title VI/XX @ 627-1148 * Menu may be substituted due to shortages of needed items.						
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
2	3 Salisbury Steak Boiled Potatoes Corn	4 Turkey & Cheese Sandwich Potato Chips	5 Spaghetti Gr. Beans Roll	6 Garden Salad w/ diced chicken Ranch Dressing	7 Chicken Strips BBQ Sauce Salad	8	
9	10 Beef Fajitas Rice Brocc./Caulif.	11 Ham & Cheese Sandwich Celery/Carrots	12 Meatloaf Mashed Potatoes Corn/Gr. Peas	13 Chef Salad Wheat Crackers Ranch Dressing	14 Hamburgers Tomatoes & Lettuce Potato Chips	15	
16	17 Beef Macaroni Gr. Beans	18 Chicken Salad Sandwich Potato Chips	19 Chili Beans Cornbread	20 Gr. Salad w/ diced ham Croutons Ranch Dressing	21 Hot Dogs Pork n' Beans Mustard Ketchup	22	
23	24 Baked Chicken Mashed Potatoes Gr. Beans	25 Roast Beef Sandwich Provolone Cheese Broccoli & Cheese Soup	26 Beef Stew Fl. Tortilla	27 Am. Salad w/ Sliced Turkey Boiled Egg Ranch Dressing	28 Bean Burrito Lettuce & Tomatoes Salsa	29	
30	31 Ham Steak Mashed Potatoes Corn						

ANNOUNCEMENTS

DENTAL EXAMS FOR SCHOOL CHILDREN ENTERING PRE-SCHOOL, KINDERGARTEN, HEADSTART

Parents can bring their children in any time between the listed times below. First come, first served. Make sure to bring in the necessary paperwork that needs to be filled out. The following are the dates for the dental exams.

> August 6th: 2:30-4:30 August 11th, 12th, & 13th: 3:30-4:30 August 20th: 3:30-4:30

Wayne Tomkinson, Dentist, Ft. Yuma Indian Health Services

SPECIAL NOTICE



TO ALL COCOPAH TRIBAL MEMBERS

IF YOU DID NOT RECEIVE YOUR 2015 COCOPAH CALENDAR DELIVERED TO YOUR HOME

CONTACT, ROXANNE SAN DIEGO IN THE ENROLLEMENT DEPARTMENT AT 627 2102 EXT. 7427 TO OBTAIN YOUR CALENDAR The next Elder's Language Meeting is scheduled for:

Tuesday, August 11th, 2015.

From: 12-2pm at the Community Center.



COCOPAH NEWS

The Cocopah Tribe Welcomes Somerton's New Teachers

On Monday morning the Cocopah Tribe welcomed 20 new teachers from the Somerton School District with an orientation on the West Reservation. Some of the new teachers come from places as far as Pennsylvania and Ohio. Others are as close to home as Somerton, Arizona. Cocopah students, kindergarten through 8th grade, attend Somerton schools. Each year, the tribe provides new teachers with a tour of the Cocopah Museum, gift bags, and an overview of the Cocopah Tribal government. The orientation concluded with lunch in the Cocopah Cultural Center, hosted by the Cocopah Museum.

Earlier this summer, the Cocopah Education Department recognized more than 170 students, ranging from kindergarten to 12th grade, including high school and college graduates, for their academic achievements, attendance and participation in extracurricular activities. The new school year begins August 3.



Chinese Students Learn About Business at Cocopah Wild River

Cocopah Wild River Family Entertainment Center played host to more than two-dozen visiting students from China, who came to the desert southwest to learn about business practices along the border. The program, the first in a series, is put on by Northern Arizona University's Yuma branch. Cocopah Wild River Entertainment Center was among six other area businesses participating in NAU's new program. Students got a behind the scenes look at the Wild River Family Entertainment Center on July 22.

While they learned how an entertainment enterprise operates, they also got a chance to try some of the arcade games and bowl a few lanes. The NAU summer business program started on July 16 and finished on July 25 when the students presented their reports.



VICE-CHAIRMAN'S REPORT



Awka, Blessings to all Families,

On July 25, 2015, marks one year I have been in office in my two year term. One year ago, I remember it like yesterday, taking an oath to support the Cocopah Constitution and promote the common welfare of the Cocopah People! That day I stated that God our Creator needs to be our Foundation in life, we need to love our family, and take care of our community.

The new Council hit the ground running when elected into office! We spent long hours in the Chamber and got some unfinished business completed. I appreciate the dedication of Councilman Edmund Domingues and Councilwoman Rosa Long. They attend all the meetings and endured the long hours. Here is a reflection of the past year:

- ✤ 2014 Budget completed before the end of the 2014 year.
- ✤ 2015 Budget completed.
- Continued the Partnership with Quechan Tribal Council to secure the new IHS Hospital Funding.
- Filled Key positions- Casino GM, Chief of Police, Business Development Director, Administrator, Assistant Administrator, Human Resource Director, and Finance Director. We have a full team to work with!
- * Passed Resolution- 18 year old need High School Diploma or GED to receive Cocopah Tribal Profit Share.
- In the process of completing Comprehensive Economic Development Strategy Plan (CEDS) for the Cocopah Tribe.
- Presently working on these projects: Capital Improvements of Tribal infrastructures, Kmart Building, North Cocopah Park, closing of landfill, renewable energy, road improvements, port of entry, and continued consultation with Agencies.

The Council is also involve with these Committees: Inter Tribal Council of Arizona (Cordova), Arizona Indian Gaming Association (Cordova), First Thing First-Cocopah Region (Begay), Yuma Metropolitan Planning Organization (Begay), Indian Health Services Tribal Advisory Team (Domingues & Pereyra), Five Tribe Water Panel (Long), and CEDS Economic Development Committee (Long & Begay).

As I enter the second year, the work does not stop. We know a variety of issues may arise, but I'm confident that we, the Cocopah People, can face and solve these issues. I see new opportunities for the Cocopah People. Thank you for your prayers and support!

Sincerely,

J. Velt



COCOPAH SPECIAL WISHES

Happy Birthday Darryl Sr., wish you the best on your day! We love you lots and enjoy your apple pie with ice cream! From all of us at home! Happy Birthday Sarah Tess! August 17, 1981. Even though you're not with us, we hope you have a good day on your day!! We love you and miss you! From all of us at home!

Happy Birthday Tashina!! With love from all of us at 10222 Orange Grv Ln!

John-John, wishing my big brother Happy Birthday, with lots of love. Be careful out there, and hold your head up!! Your lil sister.

Happy Birthday to my sister Shirley!! August 5th.

Another year! Enjoy your day!! Love, your brother & family



Sending Birthday wishes 1 to my brother Eric! From

your sister!

Happy Birthday to Michael Cleveland, you are truly a blessing and I am very grateful for all you have

done for me and the kids, being understanding and caring. Have a wonderful birthday, you deserve it...Love, Deanna.

Happy Birthday to my nephew John D., I am so proud of you, have a great birthday. Love, your Auntie Deanna and Family.

Happy Birthday to my baby sister Collette Phillips. Love, your sister. Deanna

Happy Birthday to my niece Xochillit Phillips, have a grand day! Love, Auntie Deanna.

Cocopah Newsletter Submission Form

The last day you can submit any information for the September Issue is: <u>Wednesday, August 26,</u> <u>2015 by 5:00 p.m.</u> Any late submissions will be added in the next month's newsletter. Community, Tribal departments and local events submissions are welcomed. We reserve the right to edit all submissions for length, language, multiple submissions, clarity or reject inappropriate submissions. You can complete this Submission Form which includes your name, date, and a contact phone number. Please fax or email us (museum@cocopah.com) with all information

Date:	Phone/Message		
Person Placing Submission:	Phone/Message Number:		
Message:			

COCOPAH TIMES NEWSLETTER

14515 S. Veterans Drive Somerton AZ 85350 Phone: (928) 627-1992 Fax: (928) 627-2280