

Cocopah Times Newsletter

COCOPAH INDIAN TRIBE

SEPTEMBER 2015 ISSUE

Tribal Phone Directory

ADAPP	627- 2161
Children's Home	627- 1298
Cocopah Casino	726- 8066
Cocopah Korner	341-1444
Cocopah Resort	722-6677
Cocopah Speedway	344-1563
Cocopah Wellness	627- 2681
Community Center	627- 5658
Cultural Resources	627- 4849
CVT	627- 8026
Daycare	627- 3729
Education	627- 4973
Elderly Program	627- 4166
EPO Director ext.13	627- 2025
EPO Tech ext15/16	627- 2025
Head Start	627-3197
Housing	627- 8863

IHS 1(800) 862- 4911

Judicial	627- 2550
Museum	627- 1992
Manpower	627- 0616
Pesticide ext. 14	627- 2025
PHEP/CTERC ext.12	627-2025
Prosecutor ext. 17	627- 2025
Assistant ext. 18	627- 2025
Public Works	627- 0616
Purchasing ext.11	627- 2025
Assistant ext. 10	627- 2025
Resort Gift Shop	217-1068
Rio Colorado Golf	627- 0057
RV Park	343- 9300
Social Services	627- 3729
Title VI/XX	627- 1148
Tribal Gaming	217- 7718
Tribal Headquarters	627- 2102
Tribal Police	627- 8857
Wild River	627- 0980

Cocopah Cultural Celebration

You're invited to the...

19th Annual

Cocopah Cultural Celebration Day

Saturday, October 10th, 11:00am-4:00pm



2015 Cultural Celebration Logo Contest Winner: Edward Davis

West Cocopah Reservation- (928) 627-1992 — museum@cocopah.com

Free Feast and Raffles

*Free Soft Drinks, Hot Dogs, Sno-Cones, Popcorn, Face Painting,
Arts & Crafts Booths, Food Vendors and Community Organizations*

Kid's Area

Cultural Performances

New Museum Exhibit



Free Arts & Crafts, Informational and Food Booths available. Please contact: Deanna Thomas at (928) 627-1992 or thomasd@cocopah.com. Note: Booths are on a first come, first serve basis with limited equipment.

To volunteer, please contact: Serena Thomas (928) 627-1992 or thomass@cocopah.com

ANNOUNCEMENTS

Cocopah's vs. Quechan's at the Cultural Center



On Wednesday, August 19th, the Cocopah Museum & Cultural Center hosted a group of Quechan Elders. They received a tour of the Museum before playing an eight game scrimmage against the Cocopah Elders. The Quechan won the first game 11-7, but the Cocopah quickly pulled ahead. By the end of the last game the Cocopah had won five matches and the Quechan had won three. The game was thoroughly enjoyed by all, and after the results were tallied a luncheon was served with beef stew, fry bread, and dessert. The Cocopah Elders who played were Nick Thomas, Irene Sharkey, Pauline Koolick, Lucinda Phillips, Diane White, Diane Twist, Shelda Twist, Lonnie Gutierrez, Verley Valenzuela, and Cynthia Villanueva.

Cocopah Elders visit the Quechan Senior Center



The Cocopah Elders visited the Quechan Senior Center to attend their first potluck of the year. Everyone enjoyed a game of bingo before sitting down to lunch.

ANNOUNCEMENTS



**COCOPAH
PUBLIC WORKS
DEPARTMENT**

14515 S. Veterans Dr.
SOMERTON, AZ 85350
PHONE (928) 627-0616
FAX (928) 627-3173

ATTENTION COMMUNITY MEMBERS

The Public Works Department will be picking up trash on the following days:

Tuesday: 09-08-15

Thursday: 09-24-15

There will be **NO** trash pick up on:

Monday: 09-07-15

Labor Day

Friday: 09-25-15

Native American Day

Choose to Live Healthy

The Regional Center for Border Health is helping Somerton and Cocopah communities make healthy choices by bringing fresh fruit and vegetables to the neighborhood. The RCBH Farmer's Market on Wheels operates Monday to Friday and stops at different points around the city. Fresh produce such as peppers, spinach, onions, lemons, strawberries, peaches and much more are available at a reduced price.

The Farmer's Market on Wheels will be stopping by the Cocopah Reservation on Wednesdays at:

- 10:45am - Cocopah Indian Tribe Wellness Center
- 11:15am - Cocopah Indian Tribe Community Center

The Farmer's Market on Wheels will be open at each location for half an hour.



COCOPAH ENVIRONMENTAL PROTECTION OFFICE

Air Pollution and Climate Change affects the Cocopah Nation

Air Pollution is a big issue for the Cocopah Indians. Since the reservation is a mere 13 miles from the US/Mexico Boarder we often share the same air pollution problems that they do. Here in the US we have air quality regulations that are set forth by the Environmental Protection Agency (EPA). Mexico however does not follow these same standards. Mexico produces very damaging pollutants such as sulfur dioxide, suspended particle matter (PM-10 and PM-2.5), ground level ozone and carbon monoxide.

The pollutants are cause mainly by older cars, open burning of trash and the industrial growth. This affects the Cocopah mostly during the summer and early fall when the winds are out of the south. The EPA in conjunction with Mexico, the border tribes and the cities in the surrounding area are working together to combat the air pollution problem. Along with the air pollution comes climate change. Climate Change is a big issue because it is affecting everything and how it works. When the temperatures rise it affects the water system which in turns affects the people that are relying on the water.

The Colorado River is the main source of water for the southwestern region of the United States, as temperatures have risen the river itself has become shallower. This is because the snow pack up north is being affected. As the temperatures rise the less snow pack there is to melt in the spring reducing spring time flow down river. As the river water levels drop the more of drought the southwest encounter. It is predicted that over the next century the temperatures, mostly in the summer, will raise 2.5 to 8 degrees meaning evaporation will become ever more prompt then they currently are. Also along with the increase in temperature comes the higher risk of fire. Fire affects the Cocopah Nation because a portion of our land lays along the Colorado River; with fires increasing the river that once a place the Cocopah loved to be and was part of their culture is slowly becoming hard to access because the fires and over growth have destroyed the landscape.

COCOPAH ELDERS CULTURAL MEETING



**ECC Meeting will be on
September 17th at
10:00am**

Open to all Cocopah Elders 55+

Please be advised, this will serve as your notice for the meeting.

Any questions please call:

(928) 627-1992

COCOPAH VOCATIONAL TRAINING CENTER

September 2015 Training for Success

SUN	MON	TUES	WED	THURS	FRI	SAT
	B.I.A., N.E.W. & W.I.A. Intakes by Appointment	1 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	2 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	3 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	4 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	5
6	7 Holiday Labor Day	8 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	9 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	10 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	11 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	12
13	14 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	15 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	16 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	17 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	18 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	19
20	21 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	22 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	23 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	24 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	25 Native American Day	26
27	28 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	29 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	30 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	14515 S. Veterans Drive Phone: 928-627-8026 Fax: 928-627-2510 cococvt@cocopah.com		

ELDERS LUNCH MENU SEPTEMBER 2015

Nutrition Program Lunches Provided Monday—Friday

Faye Ortega, Title VI/XX @ 627-1148

* Menu may be substituted due to shortages of needed items.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
		1 Turkey & Cheese Sandwich Potato Chips	2 Meatloaf M. Potatoes Corn	3 Catalina Bl. Salad Chicken Strips Ranch Dressing	4 Tuna Sandwich Sliced Pickles Potatoes	5
6	7 HOLIDAY LABOR DAY	8 Beef Gravy Rice Gr. Beans	9 Bean & Cheese Burrito Rice Green Salad	10 Am. Blend Salad Sliced Ham Ranch Dressing	11 Hamburgers Tomatoes & Lettuce Potato Chips	12
13	14 Spaghetti Gr. Beans	15 Ham & Cheese Sandwich Lettuce & Tom. Potato Chips	16 Turkey Mashed Potato Cranberry Gr. Beans	17 Chili Beans Cornbread	18 Chicken Patties Lettuce/Tomato Spear Pickle	19
20	21 Chicken Teriyaki Rice Brocc/Caulif.	22 Turkey & Cheese Sandwich Lettuce/Tomato Potato Chips	23 Indian Tacos Fry Bread Beans Shredded Cheese	24 Chef Salad Eggs Am. Bl. Salad Ranch Dressing	25 HOLIDAY AMERICAN INDIAN DAY	26
27	28 Beef Macaroni Green Beans	29 Meatball Soup Quesadilla	30 Pork Loins Rice Brocc./Caulif.			

ANNOUNCEMENTS

Thank you!

The Community Center Thanks all who helped our Splash Day - Back to School event a success.

FTF, Sgt. Verdugo & family, D.A.R.E., Police Dept., Social Services, Cultural Resources, Housing, Education, Wellness Center, Headstart and all who donated back packs, their time & school supplies for the kids! We also thank the Casino for cake and water. Pat on the back to the CComm.Cntr. staff!! Everyone did a great job.

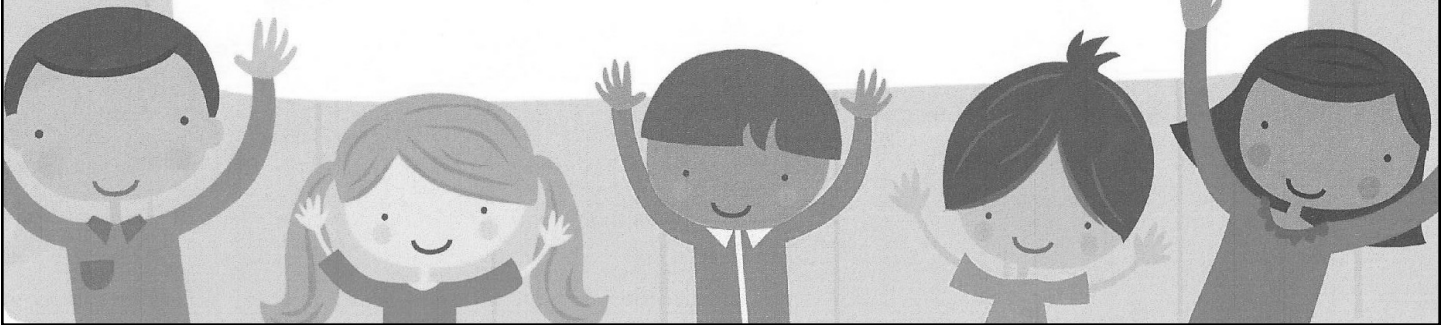
Your Departments are excellent contributors to our Cocopah children!

Cocopah Community Center

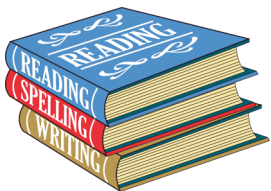
Signature

July 31, 2015

Date



The next Elders' Language Book Meeting
is scheduled for:



Tuesday, September 8th, 2015

From: 12-2pm at the
Community Center.



COCOPAH NEWS

Seeking volunteers to join the Miss Cocopah Committee

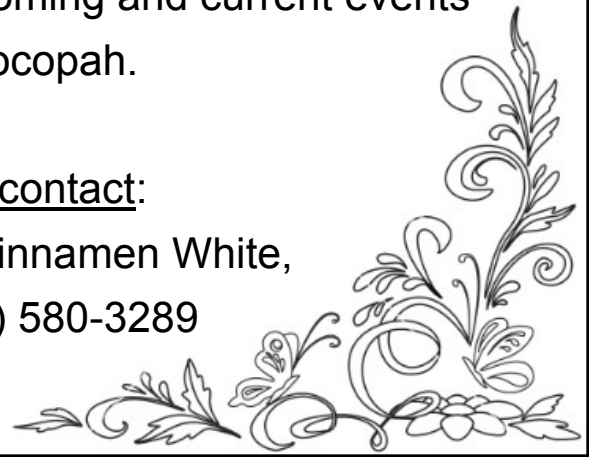
Accepting interested participants beginning:
September 1, 2015 at 8:00am-5:00pm until filled.

We meet once a month to discuss upcoming and current events
 affiliated with Miss Cocopah.

For more information contact:

Wanda Twist, Diane White, Cinnamen White,
 or Paula Koolick at (928) 580-3289

Sponsored by Miss Cocopah Committee



Calling all Cocopah people that want to learn their Language!

Note Adult Classes will be held 5:00 to 6:00 pm
 Children classes (7-14 years old) will be held every
 Wednesday evening from 4:20 pm -5:00 pm.*

Cocopah language classes will begin again on

Monday, August 31, 2015

WHEN: EVERY MONDAY AND WEDNESDAY

FROM 5:00 –6:00 PM

LOCATION: COMMUNITY CENTER

“Workbook & pencil will be provided!”

2nd Annual Cocopah Alcothon

Join the circle - Break the cycle

We appreciate everybody who came out and participated, and those who came to listen. This event was a success. Will Ortega, thank you for your words.

We'd like to give a big thank you to the following:

Cocopah ADAPP Staff: Perry Thompson, Neil White, Adrian Negrete, Woodrow Phillips,
and Diane Twist
Cocopah Resort
Cocopah Casino
Crossroad Mission

We also thank those who donated items:

Lucinda Phillips, Neil White, Cocopah Casino Gift Shop, Wild River, Myron Barley,
Delonie Snowden
Faye Ortega—Cocopah Elderly Nutrition
Quechan Elderly & Family Social Services: Charlette & Monica, Selena Palone
Cocopah Public Relations: Jonathan & Juana
Cocopah Museum

ADAPP Staff would like to congratulate Woodrow Phillips on his completion of Integrated Healthcare Recovery Support Specialist.

Upon achieving 84 hours of education training he was awarded his credentials of peer support specialist. Great job! Keep up the great work!



COCOPAH SPECIAL WISHES

Happy Birthday Deidre! :) Love: Jr., Tearsey, Bane, Ariani, and James and Arlene!

Happy Birthday to my lil bro Jeremy. May God Bless you with Love, Peace & Happiness. Have a good one and enjoy life with positivity and hopes for a brighter future. Love your big sis Vanessa, Reynaldo, Talon, Mctevous and your nieces.

Happy Birthday wishes shout out to Barbara Begay and "Mr. Krabs" far and near. Have a wonderful day! From the White family

Wishing my brother George Hayes III a very Happy Birthday. Sending a great big hug with prayers & blessings on your special day. Love, laughter and joy to you always. Missing you and thinking of you, your big sis Vanessa, Reynaldo, Ash, Chris, Tonia, Talon & Mctevous.

Aurora, no matter how old you'll get you will always be my baby! I love you so much baby girl and I am so proud of the little woman you are becoming. You're so amazingly talented, gorgeously beautiful, and extremely magnificent! I love our moments of making memories! I love sharing stories of you as a child to those I want to know more about you because you're so awesome! I love showing off your drawings because I am so proud of you and I believe in you! I love when you're hyper and going crazy! You remind me so much of myself at your age and I'm glad to know that I will always be a part of you. You are everything special in my world and I try my best to be the best mama for you because you are the best daughter for me! Happy Birthday Aurora Rayne Johnson! I love you! Love, Mama

Yay! It's your birthday Aurora! Happy Birthday Sister! We hope you have a great day!! Love your brothers, Gabriel and Michael.

Aurora, I know that it was strange at first to have me be around; to have to share your life with me with all the ups and downs. I know that I was hard for you, you must have had your doubts; but slowly we've grown closer and worked our problems out. I know that I have made mistakes; I've made more than my share. Thank you for forgiving me and showing me that you've cared. You've grown to be a precious part of my life each day, you're such a special person in so many different ways. I never liked the word "stepchild" there are no "steps" to me, for we have such a special bond and we are family. You mean so very much to me and I love you through and through, I thank the Lord for blessing me, with an awesome child like you! Happy Birthday! I love you, Noah.

Cocopah Newsletter Submission Form

The last day you can submit any information for the October Issue is: **Thursday, September 24, 2015 by 5:00 p.m.** Any late submissions will be added in the next month's newsletter. Community, Tribal departments and local events submissions are welcomed. We reserve the right to edit all submissions for length, language, multiple submissions, clarity or reject inappropriate submissions. You can complete this Submission Form which includes your name, date, and a contact phone number. Please fax or email us (museum@cocopah.com) with all information

Date: _____

Person Placing Submission: _____

Phone/Message
Number: _____

Message: _____

COCOPAH TIMES NEWSLETTER

14515 S. Veterans Drive
Somerton AZ 85350
Phone: (928) 627-1992
Fax: (928) 627-2280